

Now Serving

Breakfast

West Chicago High School

September 2021

Monday


Tuesday





Wednesday

Thursday

Friday







13 Banana Muffin 






 Animal Crackers
 Orange Craisins
100% Apple Juice
Lowfat Milk 
Skim Milk 

20 French Toast  

    Maple Syrup
Watermelon Craisins
100% Grape Juice
Lowfat Milk 

27 Blueberry Muffin  

Low Fat Strawberry Banana Yogurt 
Banana
100% Fruit Punch
Lowfat Milk 



7 Lucky Charms Chocolate Graham Cracker Bits     Raisins
100% Apple Juice
Lowfat Milk 
Skim Milk 



14 French Toast  






    Maple Syrup
Peaches
100% Grape Juice
Lowfat Milk 
Skim Milk 




21 Mini Cinni's   Pineapple Tidbits
100% Fruit Punch
Lowfat Milk 
Skim Milk 
Fat Free
Chocolate Milk 

28 Maple Syrup Watermelon Craisins
100% Very Berry Juice
Lowfat Milk 
Skim Milk 
Fat Free

1 Rice Krispies Cinnamon Goldfish Crackers 
Peaches
100% Orange Tangerine Juice
Lowfat Milk 


8 Chocolate Chip French Toast  

    Maple Syrup
Banana
100% Grape Juice
Lowfat Milk 

15 Cherrios Strawberry Yogurt 
Banana
100% Fruit Punch
Lowfat Milk 
Skim Milk 
Fat Free


22 Mini Pancakes 

    Maple Syrup
Orange Craisins
100% Very Berry Juice
Lowfat Milk 
Skim Milk 

29 Cocoa Puffs Cereal Cinnamon Goldfish Crackers 
Peaches
100% Orange Tangerine Juice



2 Mini Pancakes 

    Maple Syrup
Raisins
100% Apple Juice
Lowfat Milk 
Skim Milk 
Fat Free

9 Bagel 
Jelly
Watermelon Craisins
100% Fruit Punch
Lowfat Milk 
Skim Milk 
Fat Free



16 Mini Waffles  

    Maple Syrup
Raisins
100% Very Berry Juice
Lowfat Milk 
Skim Milk 

23 Fruity Cheerios  
Scooby Doo Sticks  
Banana
100% Orange Tangerine Juice
Lowfat Milk 
Skim Milk 


30 Mini Pancakes 




    Maple Syrup
Raisins
100% Apple Juice
Lowfat Milk 
Skim Milk 
Fat Free





3 Cinnamon Toast Crunch Bar 
Triple Cherry Yogurt 
Cinnamon Applesauce
100% Grape Juice

10 Mini Pancakes 

     Maple Syrup
Pineapple Tidbits
100% Very Berry Juice
Lowfat Milk 
Skim Milk 

17 Cherry Strudel 

 Cinnamon Bug Bites  
Watermelon Craisins
100% Orange Tangerine Juice

24 Cinnamon French Toast       Maple Syrup
Raisins
100% Apple Juice
Lowfat Milk 
Skim Milk 
Fat Free

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