

Now Serving Lunch

West Chicago High School

September
2021

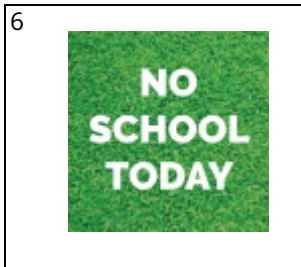
Monday

Tuesday

Wednesday

Thursday

Friday



7 Rotini Marinara & Meatballs 🍝🍷🍷🍷
Romaine Lettuce 🥬
Grape Tomatoes 🍅
Apple 🍏
Banana 🍌
Lowfat Milk 🥛
Skim Milk 🥛

8 Turkey Chopped Salad 🍗🥬🥬🥬🍷
Wheat Roll 🍞
Apple 🍏
Orange 🍊
Lowfat Milk 🥛
Skim Milk 🥛
Fat Free 🚫🥛

9 Beef Sliders 🍔🍷
Pickles 🥒
Julienne Onion 🧅
Carrots 🥕
Apple 🍏
Banana 🍌
Lowfat Milk 🥛
Skim Milk 🥛

10 Chicken Fajitas 🍗🍷
Black Beans 🍲
Apple 🍏
Orange 🍊
Lowfat Milk 🥛
Skim Milk 🥛
Fat Free 🚫🥛
Chocolate Milk 🍫🥛

13 Chicken Chopped Salad 🍗🥬🥬🥬🍷
Wheat Roll 🍞
Ranch Dressing 🥗
Apple 🍏
Orange 🍊
Lowfat Milk 🥛

14 French Bread Cheese Pizza 🍕🍷
Broccoli 🥦
Cauliflower 🥦
Apple 🍏
Banana 🍌
Lowfat Milk 🥛

15 Chicken Burrito Bowl 🍗🍷
Steamed Corn 🌽
Apple 🍏
Orange 🍊
Lowfat Milk 🥛
Skim Milk 🥛
Fat Free 🚫🥛

16 Mini Chicken Corn Dogs 🍗🍷🍷
French Fries 🍟
Carrots 🥕
Apple 🍏
Banana 🍌
Lowfat Milk 🥛
Skim Milk 🥛

17 Beef Tacos 🍗🍷
Shredded Lettuce 🥬
Salsa 🍷
Apple 🍏
Orange 🍊
Lowfat Milk 🥛
Skim Milk 🥛
Fat Free 🚫🥛

20 Cheese Ravioli Marinara 🍝🍷
Garlic Breadstick 🍞
Broccoli 🥦
Apple 🍏
Orange 🍊
Lowfat Milk 🥛

21 Cheesy Meatball Sub 🍗🍷
Romaine Lettuce 🥬
Grape Tomatoes 🍅
Apple 🍏
Banana 🍌
Lowfat Milk 🥛
Skim Milk 🥛

22 BBQ Ribette Sandwich 🍷
Vegetarian Baked Beans 🍲
Carrots 🥕
Apple 🍏
Orange 🍊
Lowfat Milk 🥛

23 Cheesy Beef Nachos 🍷
Jalapeno Peppers 🌶️
Salsa 🍷
Shredded Lettuce 🥬
Apple 🍏
Banana 🍌
Lowfat Milk 🥛

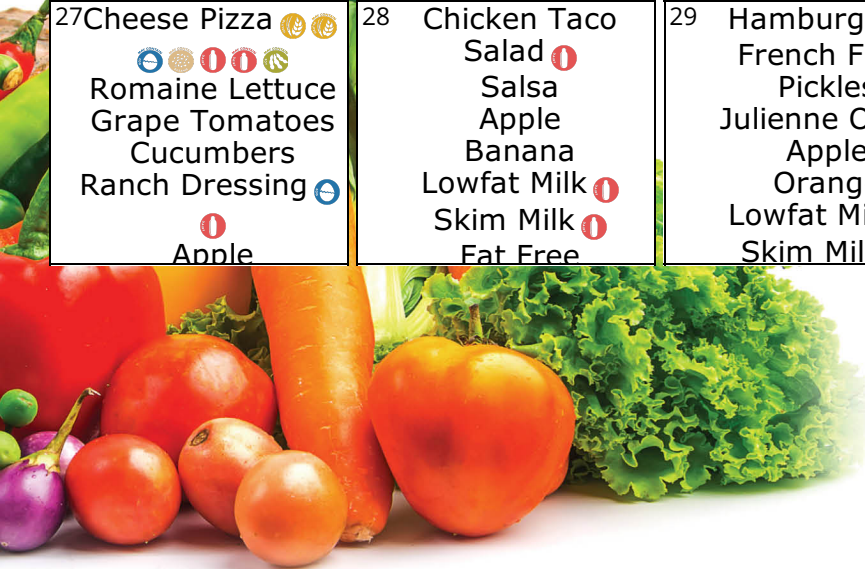
24 Chicken Philly Wrap 🍗🍷
French Fries 🍟
Apple 🍏
Orange 🍊
Lowfat Milk 🥛
Skim Milk 🥛
Fat Free 🚫🥛

27 Cheese Pizza 🍕
Romaine Lettuce 🥬
Grape Tomatoes 🍅
Cucumbers 🥒
Ranch Dressing 🥗
Apple 🍏

28 Chicken Taco Salad 🍗
Salsa 🍷
Apple 🍏
Banana 🍌
Lowfat Milk 🥛
Skim Milk 🥛
Fat Free 🚫🥛

29 Hamburger 🍔
French Fries 🍟
Pickles 🥒
Julienne Onion 🧅
Apple 🍏
Orange 🍊
Lowfat Milk 🥛
Skim Milk 🥛

30 Chicken Quesadilla 🍗
Black Beans 🍲
Salsa 🍷
Apple 🍏
Banana 🍌
Lowfat Milk 🥛
Skim Milk 🥛



Icon Legend: 🥛 🍷 🥦 🥬 🍏 🍊 🍌 🥛 🚫🥛

May Contain: 🥛 🍷 🥦 🥬 🍏 🍊 🍌 🥛 🚫🥛